November 9, 2020 LeeCARES Net Training:

Go Bags

Presented by Jason Korb, KI5ABB

Go-Bag Contents

Personal Equipment

Each ARES member is expected to be prepared to respond as effectively as possible to a callout. No one is expected to ignore personal responsibilities to your family or employer, nor unnecessary risk to themselves! However, personal inconvenience or lack of preparation is an insufficient reason for not supporting a callout!

By creating a "go-bag" of the items you need to function, you will be able to respond quickly and without hesitation to events. Please understand that you are not expected to stuff your entire ham shack, closet, and pantry into a bag in support of ARES. Rather that you think about the items you need to function normally and acquire them while there is time and no urgency.

The bag should include almost everything you will need to be helpful in an ARES event. We suggest you maintain one "go-bag" with the personal items that you would need to survive and be comfortable for several days and possibly a second (or it could be just a list) of the items that, when added to the first, will provide you with the radio equipment and supplies to make you much more effective and comfortable during an event. To summarize, do not wait until you are called, to assemble your "go-bag". Do it in advance at your leisure.

A "Go-Bag" can also be known as a "bug out bag" or "get home bag." It will come in handy to have around for more than just ARES events. We never know when we may have a family emergency, an unexpected business trip, a weather event, or any other craziness that may arise. Emergencies do not happen every day, but a "go-bag" is still good to have ready. It could be that it is just convenient to have a change of clothes available after spilling your coffee, or an opportunity for an impromptu vacation or overnight stay somewhere.

Having the items we need ready to go can make a huge difference and give us peace of mind when things get hectic.

The items shown in UPPER CASE are the ones most likely to be needed.

Equipment:

ARES/ECOMM/RACES/SERVED-AGENCY IDENTIFICATION CARD(S) COPY OF AMATEUR RADIO LICENSE HANDHELD RADIO (dual band if possible) SPARE BATTERY PACKs (CHARGED nicad and AA) /w CHARGER HEADSET, SPEAKER-MIC.

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The most usable headset in high noise areas will have noise cancellation in the -20db to -30db to be effective.

DO NOT USE THE VOX OPTION on any headset.

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19IN. MAG. MOUNT/GROUND PLANE ANTENNA (will function on 70cm)

COAX JUMPERS AND CONNECTORS

CONNECTOR ADAPTERS (BNC/PL259, BNC/SO239, some radios require SMA)

DUCT TAPE

SHORTHAND NOTEBOOK, PEN & CLIP BOARD

WATCH or DIGITAL CLOCK

MAPS OF THE AREA (Topo and street)!!!

COPIES OF MESSAGE FORMS ARRL and ICS-213

Compass and/or GPS

Copy of District & Unit Operations Manual

List of served agency phone numbers in your area (not just your district)

Boundary-Marking Tape

Insect Repellent (summer)

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Survival Items:

3 DAY SUPPLY OF PERSONAL MEDICATION!

WARM CLOTHING & BOOTS (bright colors for shirts and iackets)

HAT - (this is IMPORTANT for everyone)

GLOVES

SPARE GLASSES (spare contact solutions if you wear them)

FIRST AID KIT

SUPPLY OF WATER (the warmer your region, the more you

need but

EVERYONE needs water with them)

TOILET PAPER/KLEENEX

Moist Towelette Packets

SUNSCREEN (winter or summer)

RAIN SUIT/PONCHO

ORANGE VEST (for use if your clothing is drab colored)

Space Blanket

Plastic ground cover tarp

Spare shoelaces and some twine

Wool blanket

Fanny-pack/Back-Pack

Sports/Bicycle water bottle

High energy snacks

Large trash bags

Flashlight W/extra batteries

Whistle

Tools:

SWISS ARMY - type - KNIFE

SCREWDRIVER (phillips and flat)

PLIERS

SIDE CUTTER

CRESENT WRENCH

ELECTRICAL TAPE

VOM

Fence Pliers (includes hammer)

Crimp Tool (includes wire stripper)

Assortment of crimp connectors, nails, brads, tacks

4 or more each of the 4", 8" and 12" plastic cable ties

For public service events:

COOLER with FOOD & DRINK

Lawn chair

Umbrella (sun or rain)

Optional items:

3 Wire AC Extension Cord w/2-3 pin adaptor

AC to 12V power supply

Soldering Iron w/solder

2M Beam Antenna w/Tripod, mast & guy rope

Nut Driver set

Folding set of Allen/Torx wrenches

Zip Cord

Cash (for pay phones & if power is out)

Transistor radio

Binoculars

HF Unique:

HF rig (12V dc preferred) with:

Microphone

Key

Headphones, external speaker

Tuner

50+ ft. of RG8X or better

NVIS antenna: which is NOT a mobile vertical

75m dipole or 130 ft of wire

Insulators

3 Masts, 8ft or more, preferably non-conductive

Guy rope

Tent pegs for guys

Lead weight & 50 ft light line for tossing over branches

"Loud" marking tape to warn passers-by of guys, lines.

Power source (one or more):

12V gel cell 75 A/H w/ charger

Vehicle w/ 12V battery & gas

Portable shack:

Shelter tent

Table & chair